

TENNIS PROGRAMME

Sep - Dec 2019



01223 500009

Purbeck Road, Cambridge, CB2 8PF

- A range of enjoyable courses for beginner, improver & intermediate adult tennis players.
- All our coaches are fully qualified and have excellent experience.
- Great value for money.
- **Please note - booking onto one course does not give you priority for the following courses. Payment is required at the time of booking.**

Places cannot be reserved without payment.

BOOKINGS WILL BE TAKEN FROM WEDNESDAY 14th AUGUST ONWARDS

Bookings, both face-to-face and telephone, will be taken from 7.00am. Priority will not be given to customers who come in person, giving people an equal opportunity to book.

Please like our Facebook page for extra info, offers and competitions.

COACHING COURSES

Beginner Courses (16 years plus)

Learn the basics in a fun and relaxed environment.

COURSE	DAY	TIME	COST Mem / Non-Mem	LENGTH	DATES
STS BEG 1	Monday	9pm - 10.00pm	£51.00/£68.00	6 wks	Sept 9th - Oct 14th
STS BEG 2	Monday	9pm - 10.00pm	£51.00/£68.00	6 wks	Oct 28th—Dec 2nd

Improver Courses (16 years plus)

An enjoyable course for those who have played a little bit and would like to make some improvements to their game.

COURSE	DAY	TIME	COST Mem / Non-Mem	LENGTH	DATES
STS IMP 1	Wednesday	7.30pm - 8.45pm	£64.00/£85.00	6wks	Sept 11th - Oct 16th
2	Wednesday	8.45pm - 10.00pm			
STS IMP 3	Wednesday	7.30pm - 8.45pm	£64.00/£85.00	6wks	Oct 30th—Dec 4th
4	Wednesday	8.45pm - 10.00pm			

Intermediate Courses (16 years plus)

For those players wanting to sharpen up their game and improve their technique.

COURSE	DAY	TIME	COST Mem / Non-Mem	LENGTH	DATES
STS INT 1	Tuesday	7.30pm - 8.45pm	£64.00/£85.00	6wks	Sept 10th - Oct 15th
2	Tuesday	8.45pm - 10.00pm			
STS INT 3	Tuesday	7.30pm - 8.45pm	£64.00/£85.00	6wks	Oct 29th—Dec 3rd
4	Tuesday	8.45pm - 10.00pm			

Tennis at Ten (16 years plus)

An enjoyable and fun social tennis session, which also provides an opportunity to be coached. These courses are aimed at the improver/intermediate player.

COURSE	DAY	TIME	COST (Mem / Non-mem)	LENGTH	DATES
STS TEN 1A	Monday	10.00am -11.30am	£64.00/£85.00	6wks	Sept 9th - Oct 14th
STS TEN 2A	Tuesday	10.00am -11.30am	£64.00/£85.00	6wks	Sept 10th - Oct 15th
STS TEN 3A	Wednesday	10.00am -11.30am	£64.00/£85.00	6wks	Sept 11th - Oct 16th
STS TEN 4A	Thursday	10.00am -11.30am	£64.00/£85.00	6wks	Sept 12th - Oct 17th
STS TEN 5A	Friday	10.00am -11.30am	£64.00/£85.00	6wks	Sept 13th - Oct 18th
STS TEN 1B	Monday	10.00am -11.30am	£64.00/£85.00	6 wks	Oct 28th—Dec 2nd
STS TEN 2B	Tuesday	10.00am -11.30am	£64.00/£85.00	6 wks	Oct 29th—Dec 3rd
STS TEN 3B	Wednesday	10.00am -11.30am	£64.00/£85.00	6 wks	Oct 30th—Dec 4th
STS TEN 4B	Thursday	10.00am -11.30am	£64.00/£85.00	6 wks	Oct 31st - Dec 5th
STS TEN 5B	Friday	10.00am -11.30am	£64.00/£85.00	6 wks	Nov 1st - Dec 13th*

*excluding 22nd November

Tennis Skills and Drills 'drop in' Sessions (16 years plus)

Please note this is a 'first come first served' session with places limited to 12.

DAY	TIME	COST (Mem / Non-mem)	DESCRIPTION (improver level upwards)
Monday	7.30pm - 9.00pm	£6.20/£8.20	These sessions are designed to focus specifically on drills, tactics and match play.

Social Tennis (16 years plus) Please note this is a 'first come first served' session (payment not accepted before 6pm on the day) .

Unfortunately admission cannot be guaranteed. In bad weather, when outdoor courts cannot be used, places will be limited to 24.

DAY	TIME	COST (Mem / Non-mem)	DESCRIPTION (improver level upwards)
Sundays	7.00pm - 9.00pm	£5.90/£7.90	Our highly popular social tennis evening continues for an opportunity to play some enjoyable doubles.

Cardio Tennis 'drop in' sessions (16 years plus)

DAY	TIME	COST (Mem / Non-mem)	DESCRIPTION
Saturdays	8.00am - 9.00am	£5.10/£6.50	These fun sessions are open to people of all abilities. During these sessions you will get to hit lots of tennis balls as well as having a great cardio workout at the same time.

Junior Tennis

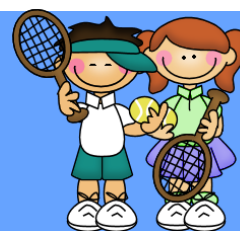
Saturdays - 7th September to 7th December (excl. 26th October - 13 weeks)

5 to 8 years - 9.00am-10.00am

9 to 12 years - 10.00am - 11.00am

£68.50 members £91.00 non-members

Places must be booked and paid for in advance



All course bookings will be taken from 7am on Wed 14th August

Payment is required at the time of booking. Places cannot be reserved without payment.

Please make cheques payable to 'Cantabrigian Ltd'. For further information please contact the Centre reception on (01223) 500009.