



TENNIS PROGRAMME

Sep - Dec 2020



01223 500009

Purbeck Road, Cambridge, CB2 8PF

- A range of enjoyable courses for beginner, improver & intermediate adult tennis players.
- All our coaches are fully qualified and have excellent experience.
- Great value for money.
- **Please note - booking onto one course does not give you priority for the following courses. Payment is required at the time of booking and places cannot be reserved without payment.**

BOOKINGS WILL BE TAKEN FROM **9.00AM** IN PERSON OR BY TELEPHONE ON THE FOLLOWING DAYS:

JUNIORS - TUESDAY 18th AUGUST
BEGINNER, IMPROVER/INTERMEDIATE - WEDNESDAY 19th AUGUST
TENNIS@TEN - THURSDAY 20th AUGUST

Priority will not be given to customers who come in person, giving people an equal opportunity to book.

COACHING COURSES

Beginner Courses (16 years plus)

Learn the basics in a fun and relaxed environment .

COURSE	DAY	TIME	COST	LENGTH	DATES
			Mem / Non-Mem		
STS BEG 1	Monday	9pm - 10.00pm	£52.00/£69.00	6 wks	Sept 14th - Oct 19th
STS BEG 2	Monday	9pm - 10.00pm	£52.00/£69.00	6 wks	Nov 2nd—Dec 7th

Improver Courses (16 years plus)

An enjoyable course for those who have played a little bit and would like to make some improvements to their game.

COURSE	DAY	TIME	COST	LENGTH	DATES
			Mem / Non-Mem		
STS IMP 1	Wednesday	7.30pm - 8.45pm	£65.00/£87.00	6wks	Sept 16th - Oct 21st
STS IMP 2	Wednesday	8.45pm -10.00pm	£65.00/£87.00	6wks	Sept 16th - Oct 21st
STS IMP 3	Wednesday	7.30pm - 8.45pm	£65.00/£87.00	6wks	Nov 4th—Dec 9th
STS IMP 4	Wednesday	8.45pm -10.00pm	£65.00/£87.00	6wks	Nov 4th—Dec 9th

Intermediate Courses (16 years plus)

For those players wanting to sharpen up their game and improve their technique.

COURSE	DAY	TIME	COST	LENGTH	DATES
			Mem / Non-Mem		
STS INT 1	Tuesday	7.30pm - 8.45pm	£65.00/£87.00	6wks	Sept 15th - Oct 20th
STS INT 2	Tuesday	8.45pm -10.00pm	£65.00/£87.00	6wks	Sept 15th - Oct 20th
STS INT 3	Tuesday	7.30pm - 8.45pm	£65.00/£87.00	6wks	Nov 3rd—Dec 8th
STS INT 4	Tuesday	8.45pm -10.00pm	£65.00/£87.00	6wks	Nov 3rd—Dec 8th

Tennis at Ten (16 years plus)

An enjoyable and fun social tennis session, which also provides an opportunity to be coached. These courses are aimed at the improver/intermediate player.

COURSE	DAY	TIME	COST (Mem / Non-mem)	LENGTH	DATES
STS TEN 1A	Monday	10.00am -11.30am	£65.00/£87.00	6wks	Sept 14th - Oct 19th
STS TEN 2A	Tuesday	10.00am -11.30am	£65.00/£87.00	6wks	Sept 15th - Oct 20th
STS TEN 3A	Wednesday	10.00am -11.30am	£65.00/£87.00	6wks	Sept 16th - Oct 21st
STS TEN 4A	Thursday	10.00am -11.30am	£65.00/£87.00	6wks	Sept 17th - Oct 22nd
STS TEN 5A	Friday	10.00am -11.30am	£65.00/£87.00	6wks	Sept 18th - Oct 23rd
STS TEN 1B	Monday	10.00am -11.30am	£65.00/£87.00	6 wks	Nov 2nd–Dec 7th
STS TEN 2B	Tuesday	10.00am -11.30am	£65.00/£87.00	6 wks	Nov 3rd–Dec 8th
STS TEN 3B	Wednesday	10.00am -11.30am	£65.00/£87.00	6 wks	Nov 4th–Dec 9th
STS TEN 4B	Thursday	10.00am -11.30am	£65.00/£87.00	6 wks	Nov 5th- Dec 10th
STS TEN 5B	Friday	10.00am -11.30am	£65.00/£87.00	6 wks	*Oct 30th - Dec 11th

*excluding 20th November 2020

Tennis Skills and Drills Sessions (16 years plus)

This is now a bookable session.

Bookings plus payment (non-refundable) can be made from 8.00am on the day of the session by phoning the Centre on 01223 500009.

DAY	TIME	COST (Mem / Non-mem)	DESCRIPTION (improver level upwards)
Monday	7.30pm - 9.00pm	£6.40/£8.40	These sessions are designed to focus specifically on drills, tactics and match play.

Social Tennis (16 years plus)

This is now a bookable session.

Bookings plus payment (non-refundable) can be made from 8.00am on the day of the session by phoning the Centre on 01223 500009.

DAY	TIME	COST (Mem / Non-mem)	DESCRIPTION (improver level upwards)
Sundays	7.00pm - 9.00pm	£6.10/£8.10	Our highly popular social tennis evening continues for an opportunity to play some enjoyable doubles.

Cardio Tennis Sessions (16 years plus)

This is now a bookable session.

Bookings plus payment (non-refundable) can be made from 8.00am the day before the session by phoning the Centre on 01223 500009.

DAY	TIME	COST (Mem / Non-mem)	DESCRIPTION
Saturdays	8.00am - 9.00am	£5.30/£6.70	These fun sessions are open to people of all abilities. During these sessions you will get to hit lots of tennis balls as well as having a great cardio workout at the same time.

Junior Tennis

Saturdays - 19th September to 12th December (excl. 31st October - 12 weeks)

9 to 12 years - 9.00am-10.00am

5 to 8 years - 10.00am - 11.00am

£70.00 members £93.00 non-members

Places must be booked and paid for in advance



If you would like to be placed on our mailing list for news on future tennis courses please email Kate Starling: kstarling@hillsroad.ac.uk



For latest court availability and course information follow us on Twitter @HillsRoadSTC **OR** find us on Instagram & Facebook.

Payment is required at the time of booking. Places cannot be reserved without payment.

Please make cheques payable to 'Cantabrigian Ltd'. For further information please contact the Centre reception on (01223) 500009.